# 14<sup>th</sup> Annual National Tri-Service Combat Stress Conference & Critical Incident Stress Certification Training Courses

Dates: 2006 Tri-Service Combat Stress Conference: 28 April - 4 May 2006

Location: South Mesa NCO Club, Camp Pendleton, CA

#### 28 Apr Friday:

1300 – 1800 Setup

1730 – 1930 Reception - South Mesa NCO Club

<u>29 – 30 April Conference- Saturday/Sunday:</u> Tri-Service Combat Stress Conference- Theme: Supporting Our War Fighters & Their Families, Combat Stress, Terrorism, Operation Iraqi Freedom (OIF) Issues, PTSD - 16 CE Hours

#### 29 April - Saturday:

0645 Sign-In

0730 Welcome & Introduction

Richard Lynch, BG, M.C., AUS (Ret)

Andre Henry, COL, M.C., USAR, Command Surgeon Office, U.S. Army 63d Regional Readiness Command, Los Alamitos, CA

Michael J. Pomorski, LTC, CH, USAR – Invocation Chaplain, 4211th USAH, San Diego, CA

William Marshall, COL, M.C., AUS (Ret) - Narrator

- 0800 Combat Operational Stress Control: Edward A Brusher, MAJ, M.S., USA, AMEDDC&S
- 0930 **CISM, Leadership & Family...After 2 Wars & A Hurricane, What Have We Learned**: Kerry E. Keithcart, Col, USAFR, 434th Air Refueling Wing
- 1030 Break
- 1040 Combat Psychiatry in Iraq: Hermant K. Thakur, COL, M.D., USAR, 55th Med Co (CSC)
- 1140 Lunch
- 1240 Traumatic Event Management (TEM): Edward A Brusher, MAJ, M.S., USA, AMEDDC&S
- 1340 The Development and Validation of a Training Curriculum on Psychological First Aid for Non-Mental Health Personnel: George S. Everly, Jr., Ph.D., F.A.P.M., Johns Hopkins Bloomberg School of Public Health & International Critical Incident Stress Foundation
- 1440 Break

1450	<b>Practical Steps in Developing a Strategic Crisis Plan:</b> Jeffrey T. Mitchell, Ph.D., C.T.S., International Critical Incident Stress Foundation						
1550	<b>Physiological aspects of stress and trauma: Recent advances in Biofeedback</b> : Richard Gevirtz, Ph.D., Alliant International University, San Diego, CA						
1700	Adjourn / Sign-Out						
30 Apı	ril - Sunday:						
0630	Church Services						
0645	Sign-In						
0715	<b>Hurricane Katrina Response</b> : Charles Woods, LtCol, CH, ANG, Commandant, Academy for Innovative Ministry (ANG/AIM), McGhee Tyson ANGB, TN						
0815	<b>Pre-Mobilization Model</b> : Philip Holcombe, MAJ, M.S., CA ARNG and Martin Krell, LTC, M.C., CASMR						
0915	Break						
0925	Reintegration Initiative: John Morris, MAJ, CH, MN ARNG						
1045	Early Psychiatric Intervention with the Hospitalized Wounded To Decrease Chronic Disabling Psychiatric Disorders and the Stigma of Mental Health: Harold J. Wain, M.D., Walter Reed Army Medical Center						
1200	Lunch						
1300	Unit Cohesion Training: Paul H. Wang, CHC (CAPT), Ph.D., USNR, REDCOM SW Staff Chaplain						
1400	Break						
1410	PTSD for Clinicians: Peter E. Bauer, MAJ, M.S., USAR, AMEDD APMC Fort McPherson, GA Odysseus in America: the Home Coming Motivational Enhancement						
1645	Turn-In Conference Evaluation						
1700	Adjourn / Sign-Out						

#### **Critical Incident Stress (CIS) Courses:**

#### 1 – 2 May: Monday / Tuesday: 16 Continuing Education Hours

#### 1 May - Monday:

0700 Sign-In

0730 Critical Incident Stress Courses

Group Basic: Elizabeth Dansie, M.A., M.F.T., B.C.E.T.S., Concord, CA

Pastoral Crisis Intervention: Thomas E. Webb, Th.M., Oceanside, CA

Advanced Group: David F. Wee, M.S.S.W., L.C.S.W., Berkeley, CA

NG Train Crisis Responder Terrorism/Disaster Response, Train-Trainer: Charles Woods, LtCol, CH, ANG, Commandant, Academy for Innovative Ministry (ANG/AIM), McGhee Tyson ANGB, TN

'The Johns Hopkins' Curriculum on Psychological First Aid for Non-Mental Health Personnel (1 May): George S. Everly, Jr., Ph.D., F.A.P.M., Johns Hopkins Bloomberg School of Public Health & International Critical Incident Stress Foundation

1130 Lunch

1230 Continue CIS Courses

Group Basic: Elizabeth Dansie, M.A., M.F.T., B.C.E.T.S. Pastoral Crisis Intervention: Thomas E. Webb, Th.M. Advanced Group: David F. Wee, M.S.S.W., L.C.S.W. TCR, Train-Trainer: Charles Woods, LtCol, CH, ANG

Curriculum on Psychological First Aid for Non-Mental Health Personnel: George S.

Everly, Jr., Ph.D., F.A.P.M

1700 Adjourn / Sign-Out

#### 2 May - Tuesday:

0700 Sign-In

0730 Critical Incident Stress Certification Courses

**Basic Group**: Elizabeth Dansie, M.A., M.F.T., B.C.E.T.S.

Pastoral Crisis Intervention: Thomas E. Webb, Th.M., Oceanside, CA

Advanced Group: David F. Wee, M.S.S.W., L.C.S.W., Berkeley, CA

NG Train Crisis Responder Terrorism/Disaster Response, Train-Trainer: Charles Woods, LtCol, CH, ANG

Psychotraumatology: A cognitive perspective on the nature and treatment of psychological trauma (2 May): George S. Everly, Jr., Ph.D., F.A.P.M.

1130 Lunch

1230 Continue CIS Courses

**Basic Group**: Elizabeth Dansie, M.A., M.F.T., B.C.E.T.S. **Pastoral Crisis Intervention**: Thomas E. Webb, Th.M. **Advanced Group**: David F. Wee, M.S.S.W., L.C.S.W.

Psychotraumatology: A cognitive perspective on the nature and treatment of psychological trauma: George S. Everly, Jr., Ph.D., F.A.P.M.

1700 Turn-In Evaluations Adjourn / Sign-Out

#### **Critical Incident Stress (CIS) Courses:**

3-4 May: Wednesday / Thursday: 16 CE Hours

#### 3 May - Wednesday:

0700 Sign-In

0730 Critical Incident Stress Courses

**Individual & Peer Support**: Kristin L. Cox, Employee Assistance Program Coordinator for the U.S. Coast Guard, Seattle, WA

**Post Combat Recovery & Re-integration**: Charles Woods, LtCol, CH, ANG, Commandant, Academy for Innovative Ministry (ANG/AIM), McGhee Tyson ANGB, TN

**Suicide Prevention, Intervention & Postvention**: Denise J. Thompson, Maj, BSC, USAFR, Chief Behavior Health, Operational Stress Response Coordinator AFRC, Robins AFB, GA

Terrorism: Psychological Impact & Interventions: David F. Wee, M.S.S.W., Berkeley, CA

1130 Lunch

1230 Continue Courses

Individual & Peer Support: Kristin L. Cox
Post Combat Recovery & Re-integration: Charles Woods, LtCol, CH
Suicide Prevention, Intervention & Postvention: Denise J. Thompson, Maj.
Terrorism: Psychological Impact & Interventions: David F. Wee, M.S.S.W.

1700 Adjourn / Sign-Out

#### 4 May - Thursday:

0700 Sign-In

0730 Critical Incident Stress Courses

Individual & Peer Support: Kristin L. Cox

Post Combat Recovery & Re-integration: Charles Woods, LtCol, CH

Suicide Prevention, Intervention & Postvention: Denise J. Thompson, Maj.

Terrorism: Psychological Impact & Interventions: David F. Wee, M.S.S.W.

1130 Lunch

1230 Continue Courses

Individual & Peer Support: Kristin L. Cox
Post Combat Recovery & Re-integration: Charles Woods, LtCol, CH
Suicide Prevention, Intervention & Postvention: Denise J. Thompson, Maj.
Terrorism: Psychological Impact & Interventions: David F. Wee, M.S.S.W.

1700 Turn-In Evaluations Adjourn / Sign-Out

## Registration Form – 14<sup>th</sup> Annual Tri-Service Combat Stress Conference 29-30 April, 1-4 May 2006

Please	print legi	bly					
Name	(Last)		(First)	(Initial)	Rar	nk / Title	
SSN# (Last 4) Service Branch			Unit / DoD Agency	Continuing Edu	. Professional Lice	nse # and State	
Email:							
Addres	SS						
City				State	Zip		
Phone:	Home (	)	Office (	) (DSN	Exte	ension	
	(CIS) – Co	ertification Courses,	certification	ference. Fee includes: 2- i, manuals, and-16 credit form • Other Components:	s per course; Recep	otion and Continen	tal Breakfast.
	7 11111)	y. Class B of Battle		nference and / or Course		Dob Civinaiis. Si	deks, no tre
		cation Credits: 100% your profession and c	attendance	is required to receive co		ertificate of attendo	unce. No exceptions.
	<ul> <li>Cert. Alcohol/Drug Abuse (CADAC</li> <li>Counselor (e.g., LPC, NCC)</li> <li>Chaplain</li> <li>EAP</li> <li>Enlisted</li> </ul>			<ul> <li>Licensed Prof. Counselor</li> <li>Marriage &amp; Family Therapist</li> <li>Natl. Certified Counselor</li> <li>Nurse</li> </ul>		<ul><li>Physician</li><li>Psychologist</li><li>Social Worker (LCSW)</li><li>Other</li></ul>	
Please	e indicate	which segments y	ou are atte	ending and check the ap Fee: AMSUSM	ppropriate box: ember or Enlisted	Govt/Mil	Civilian
	_ Confe	rence Segment: 29	-30 Apr		\$159	\$199	\$249
_	_ Basic (	Group Course: 1-2	2 May		\$159	\$199	\$249
_	_ Advan	ce Group Course:	1-2 May		\$159	\$199	\$249
_	_ Pastor	al Crisis Interven	tion: 1-2 N	<b>Tay</b>	\$159	\$199	\$249
_	_ Train	Crisis Responder	Terrorism	(Train-Trainer) Inst	ructor Course: 1	<b>-2 May</b> \$159 \$1	199 \$249
		_		on Psychological First	\$75	\$90	\$110
_	_ Psycho	otraumatology: A	cognitive p	perspective on the nat	ure and treatmen \$75	nt of psychologic \$90	cal trauma: 2 May \$110
	_ Indivi	dual & Peer Supp	ort: 3-4 M	ay	\$159	\$199	\$249
	_ Post C	ombat Recover &	Re-integr	ation: 3-4 May	\$159	\$199	\$249
_	_ Terror	rism: Psychologica	l Impact <b>ઠ</b>	& Intervention: 3-4 M	<b>ay</b> \$159	\$199	\$249
_	_ Suicid	e Prevention, Inte	rvention &	<b>Postvention: 3-4 Ma</b>	<b>y</b> \$159	\$199	\$249
						Tota	al \$

Registration deadline: 8 April 2006

Please mail this form with your check payable to 14<sup>th</sup> Tri-Service Combat Stress Conference:

Psycho-Legal Associates, Inc. • P.O. Box 1458 • Huntington Beach, CA 92647-1458

To register by phone with a credit card (VISA or MasterCard only), call us at (800) 547-2736 or (714) 377-3767

Tri-Service Combat Stress Conference Website is: <a href="http://tservcsc.bizhosting.com/">http://tservcsc.bizhosting.com/</a>

### Registration Form – 14<sup>th</sup> Annual Tri-Service Combat Stress Conference 29-30 April, 1-4 May 2006

IMPORTANT: This conference is sold-out annually. Enrollment is capacity controlled. Early registration is encouraged. Payment must accompany registration form. Requests for refunds (less a \$50 non-refundable enrollment fee per course) must be in writing and post-marked no later than 21 April 2006. Absolutely no refunds, or credits for late cancellations, no-shows, or late arrivals.

MasterCard or VISA only.							
Card #:							
Expiration Date (Month/Year):/							
3-Digit Security Code (from back of card):							
Billing Zip Code:							
Name on Card:							

Camp Pendleton Billeting Office: (760) 430-4702 Main Desk, 24 Hours or (760) 430-4714, Mon-Fri 0730-1630 PST If Billeting Not Available – Ask for the Statement of Non-Availability Number

#### CMEs will be provided through Naval Medical Center San Diego

- \*\* Naval Medical Center San Diego (NMCSD) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide Continuing Medical Education for physicians.
- \*\* NMCSD designates this educational activity for a maximum of # hour (s) in Category 1 credit toward the American Medical Association Physician's Recognition Award (AMA PRA). Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

Non-physician participants attending:

\*\*Naval Medical Center San Diego certifies that this non-physician has participated in this educational activity. The activity was designated for (# of hours) of AMA PRA Category 1 credit.

#### CEs will be provided through Psych-Legal Associates, Inc.

#### Conference objectives are:

- 1. The attendees of the conference will gain the clinical acumen and skills necessary to respond to the psychological, mental and spiritual needs of soldiers experiencing various acts of combat stress.
- 2. Certifies the attendees in the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum and debriefing techniques (ie., critical incident stress, CIS instruction.
- 3. Understand the impact the suicide has on the military particularly during times of combat and prepare caregivers of all backgrounds to provide emergency first aid, life-assisting interventions to persons at risk of suicide. Intervention includes modifying attitudes, knowledge, skills and resources.
- 4. To impart operational physical, mental, social and psychological readiness strategies for military personnel and their families prior to deployment and upon return from duty.
- 5. To train personnel on how to effectively work with post combat deployment, physical and psychological impairments.
- 6. To teach various treatment modalities when working with personnel with a diagnosis of post traumatic stress disorder.
- 7. To develop an awareness of strategies that are effective and ineffective when military staff deployed and return from deployment.

#### Participants will:

- 1. Be able to learn how to develop effective pre-deployment readiness programs for military personnel and their families.
- 2. Be able to learn how to provide Critical Incident Stress support services in military and civilian disaster settings.
- 3. Be sensitive to what has been effective in preparing military staff (physical, social, psychological, family services etc. ) for deployment and how to avoid what has not been effective based on direct feedback from

personnel that have returned from deployment

- 4. Become current on effective treatment for Post Traumatic Stress Disorder
- 5. Become familiar with psychiatric services that are now being provided in Iraq and future needs.
- 6. Become familiar with the implementation of early psychiatric intervention and psychological first aid.
- 7. Become certified in different areas of Critical Incident Stress.