



**Psycho-Legal Associates, Inc.**  
*Leaders In Continuing Education Since 1995*

# **The 17<sup>th</sup> Annual International Military & Civilian Combat Stress Conference**

*How The International Community Manages Combat  
Stress And PTSD With Their Respective Troops*

**Pre-Conference • Thursday-Friday, April 30-May 1  
Conference • Saturday-Sunday, May 2-3, 2009**

**Courtyard by Marriott • Los Angeles, California**

In Marina del Rey, just steps from the Pacific Ocean and minutes from  
Los Angeles International Airport (LAX) and everything you want to see in California.

*Reservists and National Guard may be eligible to attend this conference  
in lieu of a drill weekend and receive drill pay by completing an RST  
(Form DA1380). Just ask your commander for details.*

**Highlights Include:**

- Weekend Conference (12 C.E. Hours) Featuring Various Plenary Sessions
- Choose from Multiple One-Day (6 C.E. Hours) & Two-Day (12 C.E. Hours) Pre-Conference Programs
- Continuing Education (C.E.) Hours Available For Psychologists, Marriage & Family Therapists (MFTs), Social Workers (LCSWs), Nurses (RNs), National Certified Counselors (NCCs), Certified Rehabilitation Counselors (CRCs), Certified Alcoholism and Drug Abuse Counselors, and other licensed and/or certified professionals.

[www.ContinuingEducationCentral.com](http://www.ContinuingEducationCentral.com)

## Pre-Conference Schedule

Visit us online for complete course descriptions, topics, learning objectives, and instructor profiles.

### **Thursday, April 30 • 0900-1600 • One-Day Courses (6 C.E. Hours)**

0830 Sign-In

0900 **Clinical Supervision: Challenges, Strategies & Solutions**

Steven M. Sultanoff, Ph.D. is licensed as both a psychologist and MFT; for 25 years he has served as a clinical supervisor in various agencies and universities.

### **Thursday-Friday, April 30-May 1 • 0900-1600 • Two-Day Courses (12 C.E. Hours Each)** [Select One Only]

0830 Sign-In

0900 **Innovative Holistic Treatment Of Combat/Life Stress Related PTSD**

Hemant K. Thakur, M.D. is a psychiatrist with specialized training in psychosomatic medicine and PTSD.

0900 **Critical Incident Stress Management (CISM): Group Crisis Intervention**

Jeffrey T. Mitchell, Ph.D., BCETS, is the founder of The International Critical Incident Stress Foundation and has authored over 250 articles and 14 books on crisis intervention, critical incident stress, disaster psychology, and CISM. He is a reviewer for the *Journal of the American Medical Association (JAMA)*.

### **Friday, May 1 • 0900-1600 • One-Day Courses (6 C.E. Hours)** [Select One Only]

0800 Sign-In

0900 **Clinical Psychopharmacology: Efficacy & Alternatives**

Peter R. Breggin, M.D. is a Harvard-trained psychiatrist, former full-time consultant at NIMH, and the author of numerous books including *Toxic Psychiatry*, *Talking Back to Ritalin*, *Antidepressant Fact Book*, *Ritalin Fact Book*, *Brain-Disabling Treatments In Psychiatry*, *Medication Madness*, and *Talking Back To Prozac*.

0900 **Law & Ethics: 2009 Update For Mental Health Professionals**

Lawrence E. Hedges, Ph.D., Psy.D., ABPP, is the author of both *Therapists At Risk* and *Facing The Challenge Of Liability In Psychotherapy*, as well as numerous other books on psychotherapy.

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## Conference Schedule

Visit us online for complete course descriptions, topics, learning objectives, and instructor profiles.

### **Saturday, May 2 • 0900-1700**

0800 Sign-In & On-Site Registration Begins • Complimentary Continental Breakfast • Exhibitor Hall Open

0900 **Announcements** • Michael P. Dennis, M.A. / Founder & CEO, Psycho-Legal Associates, Inc.

0910 **Introduction** • Bart P. Billings, Ph.D. / Founder & Director, International Military & Civilian Combat Stress Conference

0915 **Welcome** • Mary Salas, Assembly Member, 79th California State Assembly District; Chair of the Committee on Veterans Affairs

0930 **Does Psychiatric Medication Increase the Risk and Prevalence of Suicide?**

Peter R. Breggin, M.D. is a Harvard-trained psychiatrist, former full-time consultant at NIMH, and the author of numerous books including *Toxic Psychiatry*, *Talking Back to Ritalin*, *Antidepressant Fact Book*, *Ritalin Fact Book*, *Brain-Disabling Treatments In Psychiatry*, *Medication Madness*, and *Talking Back To Prozac*.

The 17<sup>th</sup> Annual International Military & Civilian Combat Stress Conference

- 1045 Break (10 min.)
- 1100 **An Overview of the Battlemind Training System**  
Rick T. Keller, USA, Ret, RNCS / Battlemind Transition Office, Walter Reed Army Institute of Research
- 1200 Lunch (1 hour; on your own)
- 1300 **Homeopathy For Head & Traumatic Brain Injuries**  
James Mattioda, Ph.D. / Arcana Herbal & Nutritional Pharmacy, La Jolla, California
- 1400 **Topic & Speaker To Be Determined**
- 1450 Break (10 min.)
- 1500 **Update on Blast Injuries In The Military**  
Mark McDonough, Ph.D. / Pediatric and Adult Neuropsychologist, Scripps Hospital, Encinitas, California  
& Jay Rosenberg, M.D. / Neurologist, Scripps Hospital, Encinitas, California
- 1700 Adjourn & Sign-Out (Required for C.E. credit.)
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**Sunday, May 3 • 0830-1600**

- 0730 Exhibitor Hall, Complimentary Continental Breakfast, Sign-In
- 0830 **Identification and Treatment of the Incarcerated Veteran with PTSD and/or Traumatic Brain Injury**  
Frank D. Ruse, LCSW, LADC
- 0930 **HEROES Care Program: National Strategy for Successful Networking of Military and Community Resources in Caring for Returning Warriors and their Families (Missouri Pilot Project)**  
Jonathan W. Jerome / President of Operation Homefront of Missouri/S. Illinois  
David A. Paap, M.Div., Litt.D., LTC, CH, USA (ret) / Program Director, Stephen Ministries  
Paul H. Wang, M.Div., Ph.D., CAPT, CHC, USN  
Speaker TBA / Give An Hour
- 1030 Break (10 min.)
- 1045 **Combat Psychiatry During OIF/OEF**  
Hemant K. Thakur, M.D. / COL, U.S. Army Reserve; Director, PTSD Program, Lenexa, Kansas
- 1200 Lunch (1 hour; on your own)
- 1300 **The Soldiers Project** ...a pro bono community-based program for the psychological treatment of service members and their families.  
Judith T. Broder, M.D. / Founder & Director, The Soldiers Project
- 1400 **How To Recognize and Deal With Potential and Actual Violence in the Civilian & Military Work Place**  
James N. Madero, Ph.D.
- 1500 **Combating Nightmares With Dream Intervention**  
Beverly Ann Dexter, Ph.D., BCETS, CDR, USN (Retired)
- 1600 Adjourn, Sign-Out (Required for C.E. credit.) & Pick-Up Certificate of Attendance for 12 C.E. Hours
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**CONFERENCE LOCATION**



**Courtyard by Marriott**  
13480 Maxella Avenue  
Los Angeles (Marina del Rey), CA  
(310) 822-8555

*The hotel is surrounded by shops and restaurants, and features free wireless internet and free parking.*

A limited number of discounted hotel rooms (from \$118/night + taxes) are being held until April 22 for conference attendees. To book a room, call (800) 321-2211 or (800) 628-0908 and identify yourself as a Combat Stress Conference attendee. After the deadline, call the hotel directly at (310) 822-8555 for the government rate.

**DIRECTIONS**

*From the 405 Frwy.:* Take the 90 Frwy. West to Lincoln Blvd. and turn North (Right); then turn East (Right) at Maxella Avenue, and turn right at first driveway.

*From LAX:* Go North on Sepulveda Blvd (about 1/2 mile). Stay to the far left and merge onto Lincoln Blvd. Travel North on Lincoln about 3.75 miles to Maxella (1 block North of 90 Freeway). Turn right on Maxella and then turn right at the first driveway.

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**AIRPORTS** (in order of proximity to hotel)

Los Angeles International Airport (LAX) [5 miles away]  
Long Beach Airport (LGB) [27 miles away]  
Bob Hope Airport in Burbank (BUR) [28 miles away]

John Wayne Airport (SNA) [46 miles away]  
Ontario International Airport (ONT) [58 miles away]  
San Diego International Airport (SAN) [130 miles away]

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**BILLETING** (in order of proximity to hotel)

Los Angeles Air Force Base at Fort MacArthur [26 miles away] • (310) 653-8296  
Joint Forces Training Base at Los Alamitos [32 miles away] • (562) 795-2124  
Port Hueneme [64 miles away] • (805) 985-2624

### CONTINUING EDUCATION DETAILS

*100% attendance is required to receive course continuing education credit.*

#### Psychologists

- Psycho-Legal Associates, Inc. is approved by the **American Psychological Association** to sponsor continuing education for psychologists. Psycho-Legal Associates maintains responsibility for this program and its content.

#### Marriage and Family Therapists (MFTs), Social Workers (LCSWs, MSWs) & Counselors (LPCs, NCCs)

- Psycho-Legal Associates, Inc. is approved by the **National Board for Certified Counselors** (NBCC) to provide continuing education to National Certified Counselors (Provider#: 5815).
- Each course meets the qualifications for six hours of continuing education credit per day for MFTs and LCSWs as required by the **California Board of Behavioral Sciences** (Provider #: PCE 22).
- Psycho-Legal Associates, Inc. is approved by the **California Association of Alcoholism and Drug Abuse Counselors**, Provider # 1N-96-338-0510, to provide six C.E. hours per day in Advanced Education for Certified Alcoholism and Drug Abuse Counselors.
- Each one-day course is eligible for approval on a post-attendance basis of six C.E. hours for Certified Rehabilitation Counselors (CRCs) certified by the **The Commission on Rehabilitation Counselor Certification**.

#### Employee Assistance Professionals

- If submitted to EACC within three years of completion, each one-day course is eligible for post-approval of six Professional Development Hours (PDHs) for Employee Assistance Professionals (EAPs) already certified by the **Employee Assistance Certification Commission**.

#### Nurses

- Psycho-Legal Associates, Inc. is approved by the **California Board of Registered Nursing**, Provider #CEP 11769, for six contact hours per day.

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### LEARNING OBJECTIVES

*At the conclusion of this conference, you should be better able to:*

1. Develop effective pre-deployment readiness programs for military personnel and their families.
2. Respond to the psychological, mental and spiritual needs of soldiers experiencing combat stress.
3. Understand the role of critical incident stress support services in military and civilian disaster settings.
4. Effectively work with post combat physical and psychological impairments.
5. Provide effective treatment for Post Traumatic Stress Disorder.
6. Develop treatment programs that are effective with military staff returning from deployment.

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### DRESS CODE\*

ALL: Casual or Business Casual

OPTIONAL: Army: Class 'B' or Battle Dress Uniform (BDU) • Others: Army Equivalent

\*Please note that whether a speaker is in uniform or civilian clothes will depend on the CO of his/her unit.

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### EXHIBITORS (at time of publication)

|   |  |
|---|--|
| Electromedical Products International, Inc.     | <a href="http://www.alpha-stim.com">www.alpha-stim.com</a>                                 |
| McCormick Foundation                            | <a href="http://www.mccormickfoundation.org">www.mccormickfoundation.org</a>               |
| Military Vaccine (MILVAX) Agency                | <a href="http://www.vaccines.mil">www.vaccines.mil</a>                                     |
| Professional Advancement Success Systems (PASS) | <a href="http://passmftexams.com">passmftexams.com</a>                                     |
| Psycho-Legal Associates, Inc.                   | <a href="http://www.continuingeducationcentral.com">www.continuingeducationcentral.com</a> |
| Reserve Officers Association (ROA)              | <a href="http://www.roa.org">www.roa.org</a>   |
| The Soldiers Project                            | <a href="http://www.thesoldiersproject.org">www.thesoldiersproject.org</a>                 |

## 2009 Registration Form

**IMPORTANT:** Your check or credit card information must accompany your registration. You are not enrolled until your payment is received. The sooner you register, the more you save! Program subject to change without notice.

Name (Last) (First) (Middle Initial) Rank / Title

Professional License # and State E-mail Address

Mailing Address

City State Zip

Daytime Phone #: ( ) Mobile Phone #: ( )

**Tuition:** Please indicate which segments you are attending and circle the applicable fee.

You can choose to attend 1-4 days from the following... **Early** **Regular** **Late & On-Site**  
(Paid by March 31) (Paid April 1-24) (Paid on/after Apr. 25)

**PRE-CONFERENCE 1-DAY COURSES**

|  |       |       |       |
|--|-------|-------|-------|
| <input type="checkbox"/> Clinical Psychopharmacology (May 1) | \$149 | \$159 | \$179 |
| <input type="checkbox"/> Clinical Supervision (April 30)     | \$149 | \$159 | \$179 |
| <input type="checkbox"/> Law & Ethics (May 1)                | \$149 | \$159 | \$179 |

**PRE-CONFERENCE 2-DAY COURSES • April 30-May 1**

|  |       |       |       |
|--|-------|-------|-------|
| <input type="checkbox"/> Innovative Holistic Treatment Of PTSD | \$299 | \$349 | \$399 |
| <input type="checkbox"/> Critical Incident Stress Management   | \$299 | \$349 | \$399 |

**CONFERENCE ONLY • Saturday-Sunday, May 2-3**

|   |       |       |       |
|---|-------|-------|-------|
| <input type="checkbox"/> Conference Segment | \$299 | \$349 | \$399 |
|---|-------|-------|-------|

MasterCard or VISA only. Card #: - - - - - Expiration Date (Month/Year): /

3-Digit Security Code (from back of card): Billing Zip Code: Total: \$

Cardholder's Name: & Phone #: ( )

To register, mail this form with your check payable to "Combat Stress Conference" to the address below or fax this form with your credit card information to (714) 846-1164.

**Psycho-Legal Associates, Inc. • P.O. Box 1458 • Huntington Beach, CA 92647-1458**

For additional program details visit our website at [www.ContinuingEducationCentral.com](http://www.ContinuingEducationCentral.com) or call us between 0900 and 1700 PST at (800) 547-2736 or (714) 377-3767

**IMPORTANT—Please read before registering.** Payment must accompany registration form. Early registration is encouraged. 100% attendance is required to receive continuing education credit. Those attending less than 100% will receive a letter of attendance only. You will forfeit your C.E. credit if you arrive after our 15-minute grace period or leave before we adjourn—no exceptions. Requests for refunds or changes (less a non-refundable enrollment fee of \$35 per person per one-day course and \$50 per person per two-day course) must be in writing and post-marked no later than April 18, 2009; however, you may send a substitute in your place. Absolutely no refunds, or credits for late cancellations, no-shows, or late arrivals. There is a \$20 fee (cash only) to switch courses on-site. Any perceived or actual liability is limited to the tuition fee you paid.

Rev. 03/16/09