

The 15th Annual International Civilian & Military Combat Stress Conference

Supporting Our War Fighters & Their Families, Terrorism, Combat Stress, Operation Iraqi Freedom Issues, PTSD

Friday-Thursday, May 4-10, 2007

South Mesa Club • Camp Pendleton, California

Special Guests & Highlights Include:

- Congressman Brian Bilbray / 50th District, House Committee on Veterans' Affairs
- Lynda C. Davis, Ph.D. / Deputy Assistant Secretary of the Navy
- Welcome by Congressman Bob Filner / Chairman, House Veterans' Affairs Committee
- William Glasser, M.D. / Founder of Reality Therapy & Choice Theory
- "A Show For Family Support" Variety Show on Saturday Night
- Living Military History From Rome to Current Era
- Weekend Conference Featuring 18 Plenary Sessions
- Choose From Four One-Day Courses and Seven Two-Day Programs
- Earn Up To Eight C.E./CME Hours Per Day for Licensed Physicians, Psychologists, Marriage & Family Therapists, Social Workers & Nurses

Conference Administered By Psycho-Legal Associates, Inc.

Pre-Conference Schedule

4 May • Friday • South Mesa Club

0900 – 1600	Law & Ethics Update (6 CE Hours) • Lawrence E. Hedges, Ph.D., ABPP with Special Guest GEN (Ret.) David Michael Brahms, Attorney At Law
1300 – 1730	Exhibitor Setup in "Crawford Ballroom" (Exhibitor Information Available On Our Website)
1730 – 1930	Living Military History From Rome to Current Era
1730 – 1930	Reception at South Mesa Staff Club

Weekend Conference Schedule

5 May • Saturday • 0700-1700 • Main Ballroom, South Mesa Club

0700	Sign-In & Continental Breakfast		
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- 0720 Living Military History From Domo to Cu
- 0730 Living Military History From Rome to Current Era
- 0730 Exhibitor Hall Open in "Crawford Ballroom" (0730 to 1700)
- 0800 Introductions Richard Lynch, D.O., BG, M.C., AUS (Ret.)
- 0810 **Opening Remarks** Congressman Brian Bilbray / 50th District, House Committee on Veterans' Affairs
- 0820 Welcome Lynda C. Davis, Ph.D. / Deputy Assistant Secretary of the Navy
- 0830 New Wounded Warrior Hospital At Fort Sam And How It Will Be Utilized Richard Lynch, D.O., BG, M.C., AUS (Ret.)
- 0900 Recent Findings Regarding Brain Damage With Gulf War Vets
 Mark McDonough, Ph.D. & Jim Stokes, M.D., COL, M.C. AUS (Ret.)
- 1000 Family Violence In The Military and Preventative Programs The Honorable Pamela Isles
- 1100 Biological Effects In Regard To Family Violence George S. Everly, Jr., Ph.D., F.A.P.M.
- 1200 Lunch (A buffet is available on-site for \$10 [cash only] per person.)
- 1315 AFTERNOON WELCOME by Congressman Bob Filner / Chairman, House Veterans' Affairs Committee
- 1330 Scotopic Sensitivity Syndrome And Its Relationship To Combat Stress Helen L. Irlen, M.A. Andrew G. Yellen, Ph.D. Robert Dobrin, M.D., FAAP
- 1500 Collaborative Debriefing And Readjustment: The Vermont National Guard Model Stan Gajda, M.A., MAJ, MS, VTARNG & Trish Hasper, MSW, CPT(P), MS, VTARNG.
- 1600 The Psychology Of Terrorism And Pandemic Influenza—An Update George S. Everly, Jr., Ph.D.
- 1700 Adjourn / Sign-Out
- 1730 OPTIONAL: Pre-Show No-Host Dinner (1730 to 1930)
- 2000 SPECIAL EVENT: "A Show For Family Support" Variety Show (FREE Admission)

6 May • Sunday • 0700-1700 • Main Ballroom, South Mesa Club

- 0630 Church Services (Optional)
- 0700 Sign-In & Continental Breakfast Begins
- 0730 Exhibitor Hall Open in "Crawford Ballroom" (0730 to 1700)
- 0730 Living Military History From Rome to Current Era
- 0800 Critical Incident Stress Management: Current Developments Jeffrey T. Mitchell, Ph.D.
- 0845 Early Psychological Intervention In The Marine Corps: What And Why CAPT William Nash, M.D.
- 0930 Panel Discussion: Various Intervention Techniques—What Works And What Doesn't COL Elspeth C. Ritchie, OTSG CAPT William Nash, M.D. Jeffrey T. Mitchell, Ph.D.
- 1000 Current Army Programs On Treatment Of Combat Stress
 Thomas Hicklin, M.D., COL, AUS, Office of the Surgeon General of the Army

- 1100 **Mental Health Impact Of OIF/ OEF Combat Operations: Lessons Learned •** COL Charles W. Hoge, M.D.; Director, Division of Psychiatry and Neuroscience, Walter Reed Army Institute of Research
- 1200 Lunch (A buffet is available on-site for \$10 [cash only] per person.)
- 1300 The Medical-Psychological Stress Concept Of The Bundeswehr (German Armed Forces)
 Dirk Preusse, M.D.
- 1400 Preventing, Mitigating, And Alleviating Psychological, Moral, And Spiritual Injury Through Unit Leadership Training And Peer Mentoring Paul H. Wang, M.Div., Ph.D., CAPT, CHC, USN, Command Chaplain, EXPEDITIONARY STRIKE GROUP SEVEN DET 218 Rev. Channing Kearney, LCDR, CHC, USN
- 1500 Experiences Of A Commander & Observations On Combat Stress BG John S. Harrel, DC-40th ID
- 1600 Family Support and The HARRT Interviewing Protocol
 PamelaJune "PJ" Anderson, M.Div., D.Min. LCDR, CHC, USN. Unit Command Chaplain, Naples, Italy 106
- 1700 Adjourn / Sign-Out / Turn-In Conference Evaluation / Pick-Up Certificate of Attendance for 16 CE Hours

Post-Conference Schedule

7 May • Monday • South Mesa Club

- 0700 Sign-In & Continental Breakfast
- Operation Iraqi Freedom (OIF) Veteran Reintegration Program (A Two-Day Course; 0800-1700; 16 CE Hours) Rev. Channing Kearney, LCDR, CHC, USN, Project Manager
- The Changing Face Of Crisis And Disaster Mental Health Intervention
 (A One-Day Course; 0900-1600; 6 CE Hours)
 George S. Everly, Jr., Ph.D., F.A.P.M., Johns Hopkins Bloomberg School of Public Health & ICISF
- 0900 Two-Day Critical Incident Stress Management Courses: *(Please note prerequisites. No exceptions.)

NOTE: For complete Critical Incident Stress course descriptions, visit the website of the International Critical Incident Stress Foundation (ICISF) website at http://www.icisf.org and then navigate to the "Education & Training" menu to select "Course Descriptions."

CISM-I: Group Crisis Intervention (A Two-Day Course; 0900-1700; 14 CE Hours)

David F. Wee, M.S.S.W., LCSW *No Prerequisites

CISM-III: Advanced Group Crisis Intervention (A Two-Day Course; 0900-1700; 14 CE Hours) Jeffrey T. Mitchell, Ph.D., C.T.S., International Critical Incident Stress Foundation *Two Prerequisites: Completion of CISM-I + CISM-II

- 1200 Lunch (A buffet is available on-site for \$10 [cash only] per person.)
- 1300 Morning Courses Resume
- 1700 Adjourn / Sign-Out

8 May • Tuesday • South Mesa Club

- 0800 Sign-In & Continental Breakfast
- 0800 Two-Day Courses Continue From Monday...OIF Veteran Reintegration Program
- 'The Johns Hopkins' Curriculum on Psychological First Aid for Non-Mental Health
 Personnel (A One-Day Course; 0900-1600; 6 CE Hours)
 George S. Everly, Jr., Ph.D., F.A.P.M., Johns Hopkins Bloomberg School of Public Health & ICISF
- 0900 Innovative Holistic Approaches To The Treatment Of Combat-Related Stress & PTSD (A One-Day Course; 0900-1600; 6 CE Hours) Hemant K. Thakur, M.D., COL, MC, USAR, 55th Med Co (CSC)
- 0900 Two-Day Courses Continue From Monday... CISM-I: Group Crisis Intervention & CISM-III: Advanced Group Crisis Intervention
- 1200 Lunch (A buffet is available on-site for \$10 [cash only] per person.)
- 1300 Morning Courses Resume
- 1700 Adjourn / Sign-Out / Turn-In Conference Evaluation / Pick-Up Certificate of Attendance

9 May • Wednesday • South Mesa Club

- 0815 Sign-In & Continental Breakfast
- O900 **Strategic Response To Crisis** (A Two-Day Course; 0900-1700; 14 CE Hours) Jeffrey T. Mitchell, Ph.D., C.T.S., International Critical Incident Stress Foundation
- 0900 Family Support and Learning How To Administer the HARRT Protocol

(A Two-Day Course; 0900-1600 each day; 12 CE Hours)

PamelaJune "PJ" Anderson, M.Div., D.Min. LCDR, CHC, USN. Unit Command Chaplain, Naples, Italy 106; William Glasser, M.D., Founder of Reality Therapy & Choice Theory; and Tom Bellows, Ph.D.

0900 Critical Incident Stress Courses: *IMPORTANT: Please note prerequisites.

NOTE: For complete Critical Incident Stress course descriptions, visit the website of the International Critical Incident Stress Foundation website at http://www.icisf.org and then navigate to the "Education & Training" menu to select "Course Descriptions."

CISM-II: Individual Crisis Intervention & Peer Support (A Two-Day Course; 0900-1630; 13 CE Hours) W. Thomas McSherry, M.C.

*One Prerequisite: Completion of CISM-I

- 1200 Lunch (A buffet is available on-site for \$10 [cash only] per person.)
- 1300 Morning Courses Resume
- 1700 Adjourn / Sign-Out

10 May • Thursday • South Mesa Club

0815 Sign-In & Continental Breakfast

Two-Day Courses Continue From Wednesday...

- 0900 Strategic Response To Crisis
- 0900 Family Support and Learning How To Administer the HARRT Protocol
- 0900 CISM-II: Individual Crisis Intervention & Peer Support
- 1200 Lunch (A buffet is available on-site for \$10 [cash only] per person.)
- 1300 Morning Courses Resume
- 1700 Adjourn / Sign-Out / Turn-In Conference Evaluation / Pick-Up Certificate of Attendance

PLANNING COMMITTEE

- Bart P. Billings, Ph.D. Director and Founder, COL, SCNG-SC Military Medical Directorate (Ret.) & Former Officer In Charge of Section One, 6252d USAH, 63rd RRC, AUS (Ret.)
- Richard Lynch, D.O. Program Advisor, BG, AUS (Ret.)
- William Marshall, M.D. Program Advisor, COL, AUS (Ret.), Former 63rd RRC Surgeon
- Paul H. Raphael Administrative Staff, MSG, USAR, (Ret.) NCOIC 63D RRC Surgeon's Office
- Michael P. Dennis, M.A. Continuing Education Liaison; Founder & CEO, Psycho-Legal Associates, Inc.

EXHIBITORS (at press time)

Army Healthcare Professions

Deployment Health Clinical Center • Walter Reed Army Medical Center

Hillwood Publishing Company (www.hillwoodpublishing.net)

Military Vaccine Agency (www.vaccines.mil)

Navy League of the United States, Tri-City Council (www.navyleague.org)

Reserve Officers Association of the United States (www.roa.org)

 $\textbf{Blue Star Mothers of America, Inc. / San Diego North County Chapter} \ (\underline{www.sdncbluestarmothers.org})$

Screening for Mental Health, Inc. (www.mentalhealthscreening.org)

CONTINUING EDUCATION DETAILS

100% attendance is required to receive course continuing education credit.

Physicians

Continuing Medical Education Supported by Meharry Medical College



Psychologists

 Psycho-Legal Associates, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. Psycho-Legal Associates maintains responsibility for this program and its content.

Marriage and Family Therapists (MFTs), Social Workers (LCSWs, MSWs) & Counselors (LPCs, NCCs)

- Psycho-Legal Associates, Inc. is approved by the National Board for Certified Counselors (NBCC) to provide continuing education to National Certified Counselors (Provider#: 5815).
- Each course meets the qualifications for 6-8 hours of continuing education credit per day for MFTs and LCSWs as required by the **California Board of Behavioral Sciences** (Provider #: PCE 22).
- Psycho-Legal Associates, Inc. is approved by the California Association of Alcoholism and Drug Abuse Counselors, Provider # 1N-96-338-0508, to provide 6-8 CEHs per day in Advanced Education for Certified Alcoholism and Drug Abuse Counselors.
- Each one-day course is eligible for approval on a post-attendance basis of 6-8 C.E. hours for Certified Rehabilitation Counselors (CRCs) certified by the **The Commission on Rehabilitation Counselor Certification**.

Employee Assistance Professionals

• If submitted to EACC within three years of completion, each one-day course is eligible for post-approval of 6-8 Professional Development Hours (PDHs) for Employee Assistance Professionals (EAPs) already certified by the Employee Assistance Certification Commission.

Nurses

 Psycho-Legal Associates, Inc. is approved by the California Board of Registered Nursing, Provider #CEP 11769, for 6-8 contact hours per day.

CONFERENCE OBJECTIVES

- 1. The attendees of the conference will gain the clinical acumen and skills necessary to respond to the psychological, mental and spiritual needs of soldiers experiencing various acts of combat stress.
- 2. Certify the attendees in the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum and debriefing techniques (i.e., critical incident stress, CIS instruction).
- Understand the impact that suicide has on the military particularly during times of combat and prepare caregivers of all backgrounds to provide emergency first aid, life-assisting interventions to persons at risk of suicide. Intervention includes modifying attitudes, knowledge, skills and resources.
- 4. To impart operational physical, mental, social and psychological readiness strategies for military personnel and their families prior to deployment and upon return from duty.
- 5. To train personnel on how to effectively work with post combat deployment, physical and psychological impairments.
- 6. To teach various treatment modalities when working with personnel with a diagnosis of post-traumatic stress disorder.
- 7. To develop an awareness of strategies that are effective and ineffective when military staff deployed and return from deployment.

LEARNING OBJECTIVES

At the conclusion of this conference, you should be better able to:

- 1. Develop effective pre-deployment readiness programs for military personnel and their families.
- 2. Provide Critical Incident Stress support services in military and civilian disaster settings.
- 3. Prepare military staff for deployment.
- 4. Provide effective treatment for Post Traumatic Stress Disorder.

BILLETING

Camp Pendleton Billeting Office • (760) 430-4714 [Mon-Fri 0730-1630 PST] or (760) 430-4702 [24 Hours] NOTE: If billeting is not available, ask for the "Statement of Non-Availability Number."

DRESS CODE

Army: Class 'B' or Battle Dress Uniform (BDU) • Others: Army Equivalent • DoD Civilians: Slacks, No Tie Please note that whether a speaker is in uniform or civilian clothes will depend on the CO of his/her unit.

2007 REGISTRATION FORM

IMPORTANT: Your check or credit card information must accompany your registration. You are not enrolled until your payment is received. The sooner your register, the more you save! Program subject to change without notice.

Name	(Last)	(First)	(M	(Middle Initial)		Rank / Title	
Professional License # and State		nd State		E-mail	Address		
Mailing	Address						
City		Sta	ate		Zip		
Office/V	Vork Phone #: ()	Mobil	e Phor	ne #: ()		
		on on Friday night, plus cor gments you are attending a				iday-Thursday.	
You ca	n choose to atte	nd 1-7 days from the follo		Early	•	Late	
TWO D	AY COURSES:		(Paid by 31	March)	(Paid from1-26 April)	(Paid on/after 27 April)	
	nference Segmen	t (5-6 May)		\$299	\$349	\$399	
		Intervention (7-8 May)		\$299	\$349 \$349	\$399	
		Group Crisis Intervention (7	′-8 May)	\$299	\$349	\$399	
		ration Program (7-8 May)	o may)	\$299	\$349	\$399	
		To Crisis (9-10May)		\$ 299	\$349	\$399	
		risis Intervention (9-10 M	lav)	\$299	\$349	\$399	
		The HARRT (9-10 May)	3,	\$299	\$349	\$399	
ONE-D	AY COURSES:	,					
Lav	v & Ethics Update	e (4 May)		\$159	\$179	\$199	
The	Changing Face	of Crisis (7 May)		\$159	\$179	\$199	
		urriculum (8 May)		\$159	\$179	\$199	
Inn	ovative Holistic A	pproaches To The Treatme	nt (8 May)	\$159	\$179	\$199	
Master	Card or VISA only	v. Card #:		Ex	oiration Date (Month/Ye	ear):/	
3-Digit	Security Code (fro	om back of card):	Billing Zip	Code: _	Total:	\$	
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		n with your check payable to credit card information to (onference" to the addre	ss below	

Psycho-Legal Associates, Inc. • P.O. Box 1458 • Huntington Beach, CA 92647-1458

For additional program details visit our website at **www.ContinuingEducationCentral.com** or call us between 0900 and 1700 PST at (800) 547-2736 or **(714) 377-3767**

IMPORTANT—Please read before registering. This conference is sold-out annually. Enrollment is capacity controlled. Early registration is encouraged. Please note pre-requisites for some CISM courses. Payment must accompany registration form. Requests for refunds or changes (less a \$50 per person non-refundable enrollment fee per course) must be in writing and post-marked no later than April 27, 2007; however, you may send a substitute in your place. Absolutely no refunds, or credits for late cancellations, no-shows, or late arrivals.

100% attendance is required to receive continuing education credit and a certificate of attendance. You will forfeit your C.E. credit if you arrive after our 15-minute grace period or leave before we adjourn. No exceptions. Any liability is limited to the price paid for tuition.