



Psycho-Legal Associates, Inc.
Leaders In Continuing Education Since 1995

The 20th Annual International Military & Civilian Combat Stress Conference

Pre-Conference Courses • Wed.-Thur., May 2-3, 2012
Conference • Friday-Sunday, May 4-6, 2012
Attend 1-5 Days & Earn 6-30 C.E. Hours

DoubleTree Hotel • Los Angeles, California, USA

Reservists and National Guard may be eligible to attend this conference in lieu of a drill weekend and receive drill pay by completing an RST (Form DA1380). Just ask your commander for details.



The 20th Annual International Military & Civilian Combat Stress Conference was founded by and continues to be directed by **Col. (Ret.) Bart P. Billings, Ph.D.**, and is the leading and longest-running conference on combat stress in the world. This annual multi-disciplinary conference brings civilian and military medical and mental health professionals from around the world together to share their clinical expertise and integrative treatment approaches to the recent events in Afghanistan as well as other timely topics such as:

- Blast Injuries
- Grief & Loss
- Nightmares
- Suicide
- Combat Readiness
- Deployment & Redeployment
- PTSD
- Terrorism
- Compassion Fatigue
- Medication Issues
- Professional Issues
- Threat Assessment
- Crisis Intervention
- Military Culture
- Returning Troops
- Traumatic Brain Injury (TBI)

Pre-Conference One-Day Workshop Schedule

Visit us online for complete course descriptions, topics, learning objectives, and instructor profiles.

Wednesday, May 2 • 0900-1600 • 6 C.E. Hours

Souls Under Siege: The Effects of Multiple Deployments

• Bridget C. Cantrell, Ph.D. is a psychologist, the President & CEO of Hearts Toward Home International, and the author of *Souls Under Siege: The Effects of Multiple Troop Deployments*, *Down Range: To Iraq & Back*, and *Once A Warrior: Wired For Life*.

Thursday, May 3 • 0900-1600 • One-Day Courses (6 C.E. Hours Each)

Select one of these three six-hour courses to attend:

Law & Ethics: Legal & Ethical Considerations in Clinical Practice

• Pamela H. Harmell, Ph.D. is a psychologist and former President of the California Board of Psychology. She serves as Co-Chair of the Los Angeles County Psychological Association Ethics Committee and is a past Chair of the California Psychological Association Ethics Committee.

Once A Warrior: Wired For Life

• Bridget C. Cantrell, Ph.D. is a psychologist, the President & CEO of Hearts Toward Home International, and the author of *Souls Under Siege: The Effects of Multiple Troop Deployments*, *Down Range: To Iraq & Back*, and *Once A Warrior: Wired For Life*.

PTSD Nightmares And Their Treatment

• Stanley C. Krippner, PhD, is the Alan Watts Professor of Psychology at Saybrook University in San Francisco, CA. He is the recipient of the American Psychological Association's Award for Distinguished Contributions to the International Advancement of Psychology, the International Association for the Study of Dreams' Lifetime Achievement Award, and the Ashley Montague Peace Award. Dr. Krippner's two dozen books include Praeger's *Haunted by Combat: Understanding PTSD in War Veterans*, *The Psychological Impact of War on Civilians*, and *Post-Traumatic Stress Disorder (Biographies of Disease)*.

Conference / General Session Schedule

Visit us online for more course details and instructor profiles.

Friday, May 4 • 0900-1600 • 6 C.E. Hours • General Session (Each presentation is 60-90 minutes.)

Concurrent Substance Abuse And PTSD Treatment, Or Not

• Guy C. Lamunyon, M.S.N., R.N. is a Certified Addictions Specialist and the Treatment Coordinator of the Veterans Administration Domiciliary in Prescott, Arizona. He is a Lieutenant Colonel, as well as retired Army Nurse and Psych/Mental Health Nurse.

Resurrecting The Warrior With Traumatic Brain Injury: The 99% Solution

• Chrisanne Gordon, M.D. is a physician and is board certified by the American Board of Physical Medicine and Rehabilitation. She serves as Medical Director of Rehabilitation Services at Memorial Hospital. Her tour of duty included working at the Chalmers P. Wylie Veterans Administration Outpatient Clinic in Columbus, Ohio, where she performed second-level screening for the Iraq and Afghanistan veterans with suspected traumatic brain injuries.

From the Battlefield To Your Office

• Stephen Stavoy, US Navy CDR (R) Chaplain provided pastoral care at the U.S. Army's Landstuhl Regional Medical Center (LRMC) in Germany for hundreds of returning service members from Iraq and Afghanistan, and is a recipient of the Army's Meritorious Service Medal for his service at LRMC.

Children In War: The Lost Boys of Sudan

• Judy A. Bernstein is the co-author of *They Poured Fire on Us From the Sky: The Story of Three Lost Boys from Sudan* and teaches a writing class for torture victims at Survivors of Torture International (SOTI). She is a volunteer mentor and Chair of the Advisory Committee of the San Diego International Rescue Committee (IRC) and co-founder of the IRC Lost Boys Education Fund.

The Nature And Treatment Of PTSD Nightmares

• Stanley C. Krippner, PhD, is the Alan Watts Professor of Psychology at Saybrook University in San Francisco, CA. He is the recipient of the American Psychological Association's Award for Distinguished Contributions to the International Advancement of Psychology, the International Association for the Study of Dreams' Lifetime Achievement Award, and the Ashley Montague Peace Award. Dr. Krippner's two dozen books include Praeger's *Haunted by Combat: Understanding PTSD in War Veterans*, *The Psychological Impact of War on Civilians*, and *Post-Traumatic Stress Disorder (Biographies of Disease)*.

☐ **Saturday, May 5 • 0900-1600 • 6 C.E. Hours • General Session** (Each presentation is 60-90 minutes.)

When And How To Reduce Or Withdraw From Psychiatric Drugs

• Peter R. Breggin, M.D. is a Harvard-trained psychiatrist, former full-time consultant at National Institute For Mental Health (NIMH), and the author of numerous books including *Toxic Psychiatry*, *Antidepressant Fact Book*, *Ritalin Fact Book*, *Brain-Disabling Treatments In Psychiatry*, *Medication Madness*, and *Talking Back To Prozac*.

Dead in Bed Syndrome

• Fred A. Baughman Jr., M.D. is a neurologist and child neurologist (Board Certified), and is a Fellow of the American Academy of Neurology.

REBOOT: Transitioning To Civilian Life

• Maurice D. Wilson, MCPO, USN (Ret) is the President/National Executive Director of National Veterans Transition Services, Inc.

Recovering From Loss Using Choice Theory

• Doug Walker, M.S. is an expert in intrinsic motivation management and optimal performance. He was one of the four original Resident Faculty Members, and now for more than 35 years has been a Senior Faculty Member at the William Glasser Institute conducting training worldwide in Reality Therapy and Control Theory.

Pulsed Electromagnetic Field (PEMF) Stimulator Treatment For Anxiety, Depression, And Difficult Wound Healing

• Kathleen Rosenblatt L.Ac, Ph.D. co-founded the first acupuncture clinic in the country at UCLA, and is author of *Veterans' Stress Release* double CDs.

☐ **Sunday, May 6 • 0900-1600 • 6 C.E. Hours • General Session** (Each presentation is 60-90 minutes.)

Combat Stress Control in Afghanistan

• Col. Hemant Thakur, M.D. (U.S. Army Reserve) is a psychiatrist with specialized training in PTSD and psychosomatic medicine. He is the Director of the PTSD Program at the VA Medical Center in Kansas City, Missouri. He returned from his fifth deployment, most-recently in Afghanistan.

Finding The Enemy In Front Of Us

• Patrick Van Horne...

Walking With The Wives Of Wounded Warriors

• Diana Bishop was a Religious Programs Specialist in the Navy and is married to a special operations veteran with PTSD. Brigid Brett is a writer who has spent the past six years learning about the complexity of military service and war. Tama Dumlao is an art therapist. Joyce Noblitt Herold is a marriage and family therapist.

The Relationship Between Stress And Nutrition

• Paula J. Nenn, M.D. is the Senior Medical Director of Optimal Health and Prevention Research Foundation (OHPRF). She serves on the Editorial Board of *Integrative Medicine: A Clinicians Journal and Alternative Therapies in Health and Disease*, as well as acting as a peer reviewer for over 30 scientific journals.

Meditation Training For Soldier Resilience & Post Traumatic Stress"

• COL Brian Rees, M.D., M.P.H., M.S.S. is the Command Surgeon of the 63d Regional Support Command, US Army Reserve, Moffett Field, California, and is a veteran of Iraq and Afghanistan.

Military Mental Health At The Crossroads: The View From An Advocate's Perch

• BG David M. Brahms, L.L.B., USMC (Ret) graduated from Harvard College with a B.A. in Psychology and then earned his law degree from Harvard Law School. He is the former Director of the Judge Advocate Division at the Marine Corps Headquarters in Washington, D.C. He has been a vocal advocate for combat veterans suffering from Post Traumatic Stress disorder (PTSD) and Traumatic Brain Injury (TBI).

CONTINUING EDUCATION DETAILS

Visit us online for additional accreditations.

100% attendance is required to receive course continuing education credit.

Psychologists

• Psycho-Legal Associates is approved by the **American Psychological Association** to sponsor continuing education for psychologists. Psycho-Legal Associates maintains responsibility for this program and its content.

Marriage & Family Therapists (MFTs) and Social Workers (LCSWs, MSWs)

• Each course meets the qualifications for six hours of continuing education credit per day for MFTs and LCSWs as required by the **California Board of Behavioral Sciences** (Provider #: PCE 22).

Counselors (LPCs, NCCs)

• Psycho-Legal Associates is approved by the **National Board for Certified Counselors** (NBCC) to provide continuing education to National Certified Counselors (Provider#: 5815).
• Psycho-Legal Associate is approved by the **California Association of Alcoholism and Drug Abuse Counselors**, Provider # 1N-96-338-0512, to provide six C.E. hours per day in Advanced Education for Certified Alcoholism and Drug Abuse Counselors.
• Provider approved as a C.E. provider for Licensed Professional Counselors by the **Texas State Board of Examiners of Professional Counselors** (Provider #: 1168).
• Each one-day course is eligible for approval on a post-attendance basis of six C.E. hours for Certified Rehabilitation Counselors (CRCs) certified by the **The Commission on Rehabilitation Counselor Certification**.

Employee Assistance Professionals

• If submitted to EACC within three years of completion, each one-day course is eligible for post-approval of six Professional Development Hours (PDHs) for Employee Assistance Professionals (EAPs) already certified by the **Employee Assistance Certification Commission**.

Nurses

• Psycho-Legal Associates is approved by the **California Board of Registered Nursing**, Provider #CEP 11769, for six contact hours per day.

Attorneys

• PLA has been approved by **The State Bar of California** as a provider (#4521) of Minimum Continuing Legal Education (MCLE). Each six-hour program will qualify for MCLE credit in the amount of 5.5 hours.

LEARNING OBJECTIVES

At the conclusion of this conference, you should be better able to:

1. Develop effective pre-deployment readiness programs for military personnel and their families.
 2. Respond to the psychological, mental and spiritual needs of soldiers experiencing combat stress.
 3. Understand the role of critical incident stress support services in military and civilian disaster settings.
 4. Effectively work with post combat physical and psychological impairments.
 5. Evaluate and treat Post Traumatic Stress Disorder.
 6. Evaluate and treat Traumatic Brain Injury.
 7. Develop treatment programs that are effective with military staff returning from deployment.
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2012 Registration Form

For additional program details or secure online registration, visit us at <https://store.ceutopia.com>

Name as you wish it to appear on your certificate of completion/attendance (include highest degree, rank, etc.)

Professional License Number(s) and State

Email Address

Mailing Address

City

State

Zip

Mobile #: _____ Work #: _____

TUITION

	Early Paid thru April 30	Regular Paid on/after May 1	Late Paid at-the-door
Tuition (per day):	\$149	\$179	\$199

Discounts: Discounts may not be combined. No retroactive discounts, adjustments, or credits. Must be on the same transaction.

Multi-course: Deduct \$10 per course by registering at the same time for two or more days.

Group Rate: Deduct \$10 per person per course when two or more register together for the same live course.

Pre-Conference One-Day Courses

Wednesday, May 2

Souls Under Siege

Thursday, May 3

Law & Ethics

Once A Warrior

PTSD Nightmares

Conference/General Sessions

Friday, May 4

Saturday, May 5

Sunday, May 6

Tuition Calculator: _____ (# of days) x _____ (tuition rate) = \$ _____

PAYMENT OPTIONS

Check payable in U.S. Dollars to "Combat Stress Conference" in the amount of \$ _____

AMEX (15 digits): _____ 4-Digit Code (on front of card): _____

MC or VISA (16 digits): _____ 3-Digit Code (on back of card): _____

Expiration Date (Month/Year): _____ / _____ Billing Zip Code: _____ Total: \$ _____

Billing Address (same as above)

City

State

Zip

Cardholder's Name: _____ & Phone #: _____

To register, mail this form to the address below or fax this form with your credit card information to (714) 846-1164.

Psycho-Legal Associates • P.O. Box 1458 • Huntington Beach, CA 92647-1458

For additional program details or secure online registration, visit us at:

<https://store.ceutopia.com>

Or call us between 0900 and 1700 PST at **(800) 547-2736** or **(714) 377-3767**

IMPORTANT—Please read before registering. Payment must accompany registration form. Early registration is encouraged. 100% attendance is required to receive continuing education credit. Those attending less than 100% will receive a letter of attendance only. You will forfeit your C.E. credit if you arrive after our 15-minute grace period or leave before we adjourn—no exceptions. Requests for refunds or changes (less a non-refundable enrollment fee of \$35 per person per course) must be in writing and post-marked no later than April 13, 2012; however, you may send a substitute in your place. Absolutely no refunds, or credits for late cancellations, no-shows, or late arrivals. Any perceived or actual liability is limited to the tuition fee you paid.

Rev. 04/20/12-BB



The 20th Annual International Combat Stress Conference
Psycho-Legal Associates, Inc.
P.O. Box 1458 • Huntington Beach, CA 92647-1458
www.ceutopia.com

Presorted Standard
U.S. Postage
PAID
Santa Ana, CA
Permit No. 756

Join us for the **20th Anniversary of The International Military & Civilian Combat Stress Conference**—the leading and longest-running conference on combat stress in the world!



DoubleTree Hotel

6161 West Centinela Avenue
Culver City, CA 90230
(310) 649-4411

A limited number of discounted hotel rooms (from \$109/night + taxes) are being held for conference attendees so book your stay sooner than later by calling (800) 222-8733 and mentioning the “Combat Stress Conference.”

The DoubleTree by Hilton Hotel – Los Angeles / Westside is conveniently located next to the San Diego Freeway (405) just three miles from LAX and provides 24/7 shuttle service to/from LAX. In-room high-speed internet is free.

DIRECTIONS

- *From the Northbound 405:* Take exit 49A for Howard Hughes Parkway, turn right onto Center Drive, turn right onto South Sepulveda Blvd., take the first left onto West Centinela Avenue.
 - *From the Southbound 405:* Take exit 49 for Howard Hughes Parkway toward Sepulveda Blvd., turn right onto Howard Hughes Parkway, turn right onto South Sepulveda Blvd., take the first left onto West Centinela Avenue.
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BILLITING

- For availability, contact Los Angeles Air Force Base at Fort MacArthur (Ft. MacArthur Inn) - (310) 633-8400
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