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Home > Live Classes > Combat Stress Conference 2015

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- Combat Stress Conference
- Domestic Violence
- DSM-5
- Law & Ethics

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INFORMATION

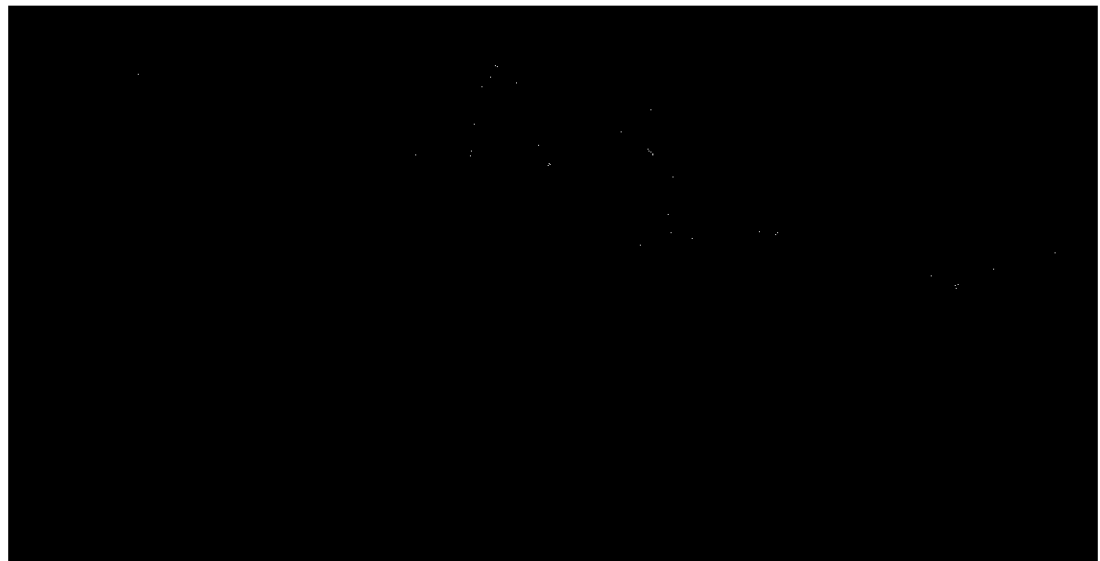
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- Links
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## 22nd Annual International Military & Civilian Combat Stress Conference

*Evidence-based Integrative Treatment For Trauma & PTSD*

Friday - Sunday, May 1-3, 2015  
San Diego (Carlsbad), California, USA

*Attend 1-3 Days & Earn From 6 to 18 C.E. Hours*

The 22nd Annual International Military & Civilian Combat Stress Conference is the leading and longest-running conference on combat stress in the world. This annual conference takes place the first weekend of May in recognition of National Military Appreciation Month. This multi-disciplinary event brings civilian and military medical and mental health professionals from around the world together to share their clinical expertise and integrative treatment approaches about topics such as:

- PTSD
- Blast Injuries
- Crisis Intervention
- Traumatic Brain Injury (TBI)
- Suicide
- Terrorism
- Compassion Fatigue
- Deployment & Redeployment
- Grief & Loss
- Military Culture
- Medication Issues
- Returning Troops



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**CONFERENCE SCHEDULE**

Please note that the speakers and times are subject to change without notice (e.g., as a result of military deployment, flight cancellations, etc.). Any changes in advance of the conference will be posted on our website. The schedule below is the most-current and was last updated on Tuesday, April 28, at 8:30 a.m.

**FRIDAY, MAY 1**

**9 a.m. to 3:30 p.m. • 6 C.E. Hours**

**8:30 a.m. to 9 a.m.**

• **Registration And Sign-In, Networking, Plus Coffee And Carbs (i.e., muffins, bagels)**

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**9 a.m. to 3:30 p.m.**



• **Law And Ethics Update**

**James R. Rogers, J.D.** is an Attorney-At-Law who for nearly 30 years has represented numerous and various licensed healthcare individuals and a wide variety of healthcare facilities. In 2013 and 2014 he was recognized by San Diego Magazine as San Diego's Top Lawyer in the field of Medical & Mental Healthcare Professionals & Institutions. On two separate occasions he was given the Distinguished Contribution to Psychology Award by the San Diego Psychological Association.

**BONUS:** Today's program includes lunch at noon hosted by [eTherapyFinder.com](http://eTherapyFinder.com) so we'll take a 30-minute lunch and adjourn at 3:30 p.m. so you can get a head-start on your weekend plans.

**SATURDAY, MAY 2**

**9 a.m. to 4 p.m. • 6 C.E. Hours**

**8:30 a.m. - 9 a.m.**

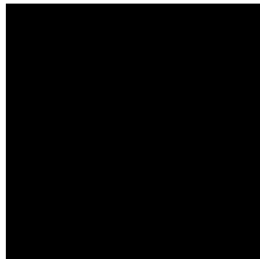
• **Registration And Sign-In, Networking, Plus Coffee And Carbs (i.e., muffins, bagels)**

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**9 a.m. - 10:20 a.m.**

• **Introduction & Welcoming Remarks**

• **Dead In Bed Syndrome**



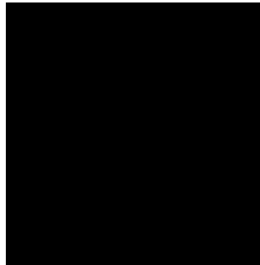
*Dead In Bed Syndrome deaths now total more than 300 and are continuing to occur with no clear indication that the military leadership will limit the availability of antipsychotics, antidepressants or prescription "polypharmacy" which can never be scientific, safe or effective.*

**Fred A. Baughman Jr., M.D.** is a neurologist and child neurologist (Board Certified), and is a Fellow of the American Academy of Neurology. He is best known as an outspoken critic of psychiatry and the pharmaceutical industries, and has testified before the United States Congress and been interviewed on PBS. He has been a medical adviser for the Citizens Commission on Human Rights an advocacy group co-founded in 1969 by psychiatrist Thomas Szasz, M.D.

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**10:30 a.m. - 11:30 a.m.**

• **All Quiet On The Pharmaceutical Front**



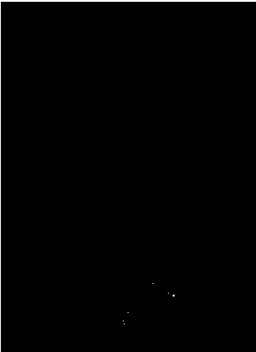
**Chuck R. Amedia, M.A., MSgt, USAF (Ret.)** has an M.A. in Counseling with an emphasis on Death and Dying/Anticipatory and Post-Mortem Grief Counseling. He retired from the USAF after 20-years of active duty military service before serving as a Case manager for Veterans enrolled in the VA's Vocational Rehabilitation Program. He also developed and ran a hospice-based Veteran-centric a "Veterans Program" providing end-of-life services to Veterans and their families and, when appropriate, including interviewing the Veteran under the Library of Congress "Veterans History Project."

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**11:30 a.m. - 12:30 p.m.**

• **Combat PTSD Group-Medic And Corpsman Pilot Program**

*This presentation will feature original research conducted with the supervision of*



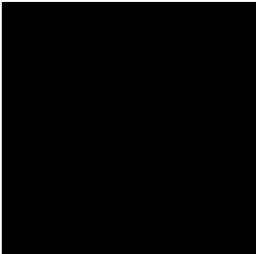
VA psychologists as well as clinical vignettes from a VA combat medics group.

**Guy C. Lamunyon, M.S.N., RN** / Lieutenant Colonel, USAR Retired. He is also an instructor of undergraduate and graduate nursing research and clinical psychiatric nursing at Northern Arizona University .

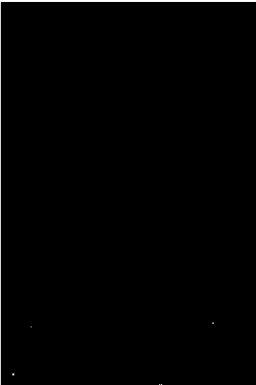


**Jonas Jacoba, M.S.N., RN** is a Former Sargent, US ARMY, IRAQ. He currently works as a Combat PTSD Program RN Care Coordinator overseeing and coordinating care for 600+ veterans seeking outpatient care through various PTSD evidence-based therapies.

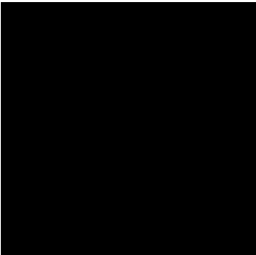
12:30 p.m. - 1:30 p.m. • Lunch (on your own)



1:30 p.m. - 2:45 p.m. • A Solution for Combat-Related Persistent Headaches and Migraines



**Helen L. Irlen, M.A.** is an internationally recognized educator, researcher, scholar, licensed marriage and family therapist, and expert in the area of visual-perceptual problems. Over 20 years ago, research directed by Helen Irlen under a federal research grant studied methods of helping children and adults with reading and learning disabilities. The Irlen Method has been the subject of two segments of 60 Minutes, Good Morning America, The Home Show, 60 Minutes Australia, a BBC Special, ABC Worldwide News with Peter Jennings, NBC News, and numerous TV shows around the world. She is the author of Reading By The Colors, The Irlen Revolution: A Guide to Changing your Perception and Your Life, and Sports Concussions And Getting Back In The Game...Of Life: A Solution For Concussion Symptoms.

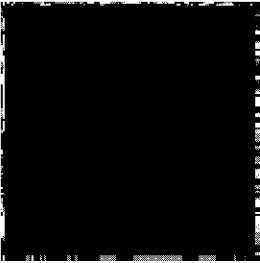


**Sandra Tosta, Ph.D.** holds a Bachelor of Science in Human Development from Cornell University and a Ph.D. in Educational Psychology from the University of California, Los Angeles. She has expertise in both quantitative and qualitative primary research in both corporate and academic settings. As a senior researcher at the Hypothesis Group for nearly a decade, she focused on research related to children and education. She has authored a variety of papers on Irlen Syndrome and related topics. She currently serves as head of research for Perceptual Development Corporation at the Irlen Institute International Headquarters and President of the Irlen Syndrome Foundation.

2:45 p.m. - 4 p.m.

• Acute go-go response in combat veterans using frequency-specific micro-current and EFT

During the Vietnam war the treatments of choice for 'trauma' were alcohol, cigarettes, drugs, and



suicide. Dr. Zumwalt is on a 30-year search for the treatment of body memory, cellular tissue body memory, and the underlying acquired dysfunction that is frozen into the body tissues exposed to fear driven physical or mental trauma.

**Terry Zumwalt, M.D., FACOG, CDR/MC/USNR(fmr), vet of ODSC**

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**SUNDAY, MAY 2**

**9 a.m. to 4 p.m. • 6 C.E. Hours**

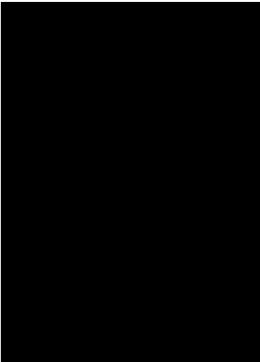
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**8:30 a.m. - 9 a.m.**

**• Registration And Sign-In, Networking, Plus Coffee And Carbs (i.e., muffins, bagels)**

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**9 a.m. - 10:30 a.m.**



**• TBI, PTSD, and Violence Risk**

**Cynthia Boyd, Ph D.** is a neuropsychologist and the Senior Scientific Director at the Defense and Veterans Brain Injury Center (DVBIC) at Naval Medical Center San Diego. She has been involved in clinical and educational efforts at DVBIC for the past 10 years. She provides in-service training at Naval Medical Center and has presented nationally on a variety of neuropsychological issues such as traumatic brain injury, posttraumatic stress disorder, and malingering of psychological symptoms and cognitive dysfunction. She is a subject matter expert on violence associated with TBI and PTSD. She has been actively involved in the legal/forensic arena, specifically regarding TBI and legal issues in returning troops. Since 2008, she has participated with the legal community to establish a Veteran's Court in San Diego. As a representative of DVBIC, she has been an invited to provide TBI and PTSD educational trainings to members of law enforcement, district attorneys, public defenders, United States Navy JAG, and California superior court judges. She also has an independent practice in forensic neuropsychology specializing in forensic evaluations of TBI, PTSD, and violent offenders. She has been retained as an expert witness in capital cases involving Veterans with TBI and PTSD.

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**• Reconsolidation of Traumatic Memories (RTM): Cost Effective PTS Treatment**

**10:30 a.m. - 12 p.m.**



**Frank Bourke, Ph.D.** is the CEO of the Rand R Project. He is the Executive Director of the NLP Research and Recognition Project, and Coordinator to the NLP Community. After the 9-11 attacks he designed and implemented a rehabilitation plan for 800 World Trade Center building survivors and found that he was able to change the symptoms of PTS survivors he was treating with an NLP-derived protocol much quicker, and more effectively than the 30 or so therapists he was working with. He founded the Not-For-Profit Corporation to advance the science of Neuro-Linguistic Programming, and bring the research up to a Scientific standard necessary for more widespread implementation. He has served as an Associate Professor of Community Psychology at the New York School of Psychiatry, and was a Lecturer for Cornell University Psychology and Education Departments for undergraduate and graduate-level courses in Community Mental Health and Psychology.

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**12 p.m. - 1 p.m.**



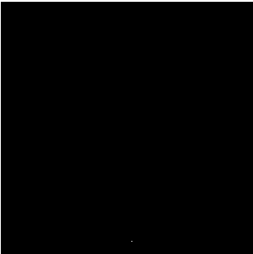
**• Lunch (on your own)**

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**1 p.m. - 2:30 p.m.**

**• Concussion, Traumatic Brain Injury, And Therapeutic Clinical Nutrition**

*This presentation will cover various nutritional therapies that may assist in the*



improvement of patients with mild traumatic brain injury.

**Alfred W. Garbutt III, D.C.** has over 35 years experience treating world-class athletes with Chiropractic Sports Medicine and Clinical Nutrition. Part of this work has been in the area of preventing, diagnosing and treating concussions and mild traumatic brain injuries.

- From The Battlefield To The Neighborhood
- Closing Remarks

2:40 p.m. - 4 p.m.



*This presentation will focus on helping our troops get back to normal through integrative treatment without psychiatric medication.*

**Bart P. Billings, Ph.D.**

- COL SCNG-SC (Ret), Military Medical Directorate
- Licensed Clinical Psychologist (PSY 7656)
- Licensed Marriage, Family Therapist (MG 4888)
- Director/Founder International Military & Civilian Combat Stress Conference
- Retired as LtC from US Army Medical Service Corp (Total of 34 years in US Army).
- Recipient of the 2014 Human Rights Award from Citizens Commission on Human Rights International

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**Tuition:** Fee includes continental breakfast and afternoon snacks on Saturday and Sunday. Lunch and dinner are on your own.

*Reservists and National Guard may be eligible to attend this conference in lieu of a drill weekend and receive drill pay by completing an RST (Form DA1380). Just ask your commander for details.*

**\*To pay by check or if you need an invoice, simply complete the online registration process and select "Check By Mail" as your payment option. You'll receive a receipt/invoice as well as confirmation details immediately via email.**

<b>REGISTRATION OPTIONS</b> <i>The sooner you register, the more you save!</i>	<b>PRE-REGISTRATION:</b> Registered not later than Thursday, April 30.	<b>LATE/ON-SITE:</b> Registered on/after Friday, May 1
<b>1 Day Only:</b>	<b>\$150</b>	<b>\$200</b>
<b>Any 2 Days:</b>	<b>\$250</b> (Only \$125/day.)	<b>\$300</b> (Only \$150/day.)
<b>All 3 Days:</b>	<b>\$300</b> (Only \$100/day.)	<b>\$375</b> (Only \$125/day.)

## Become a Sponsor / Exhibitor

### Advertising Opportunities

Would you like to share information about your services or agency?

Options	1 Day Only	Any 2 Days	All 3 Days
<b>Website Link</b> -We'll provide a link on both the 2015 and 2016 conference website page to your site along with your logo. Link active thru May 2016.	N/A	N/A	\$100
<b>FREE! TAKE ONE</b> <b>Take-One Table</b> -This option allows you to place one item (i.e., flyer, brochure, folder, promo item) on our "Take One Table." You must ship or deliver the item to us. Extra items not returned unless picked-up after the conference.	\$75	\$125 (Save \$25)	\$150 (Save \$75)
<b>Exhibitor Table</b>			

	-This option requires separate conference registration! -This option provides one person and one six-foot table adjacent to our coffee and snack station to ensure you get exposure. Includes one announcement by our emcee on your first exhibit day about your services. \$25 one-time surcharge if you require an electrical outlet for your table, but you must bring your own heavy duty extension cord and power strip.	\$100	\$150 (Save \$50)	\$175 (Save \$125)
	<b>Coffee Host</b> -You'll be recognized on our website, on all printed material, and at the conference as the host for our morning coffee and carbs, morning break, and afternoon break.	\$200	\$350	\$475
	<b>Lunch Sponsor</b> -You'll be recognized on our website, on all printed material, and at the conference as the sponsor of lunch.	\$500	\$975	\$1450

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**Conference Venue Information**



**Health Education Conference Center  
Tri-City Wellness Center**  
6250 El Camino Real, Carlsbad, CA 92009  
**Directions:** Map/Directions  
**Parking:** Free

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**HOTELS**

**Featured Hotel**



**Hampton Inn** (~1.4 miles away)  
2229 Palomar Airport Road, Carlsbad, CA 92011  
(760) 431-2225  
www.hamptoninncarlsbad.com

• This hotel features free parking, free internet, plus an in-room refrigerator and microwave. Book your hotel room by phone before April 16 using Group Name "Combat Stress Conference" and Group Code **CS2** to receive our group discount (subject to availability) of \$125 (plus taxes) per night.

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**Other Nearby Hotels**

(Listed in order of proximity from the conference venue.)

**Courtyard by Marriott** (~1.5 miles away)  
5835 Owens Avenue, Carlsbad, CA 92008  
(760) 431-9399

**Holiday Inn** (~1.7 miles away)  
850 Palomar Airport Road, Carlsbad, CA 92009  
(877) 863-4780

**Residence Inn** (~2.3 miles away)  
2000 Faraday Avenue, Carlsbad, CA 92008

**La Costa Resort & Spa** (~2.5 miles away)  
2100 Costa Del Mar Road, Carlsbad, CA 92009  
(800) 854-5000

**La Quinta Inn & Suites** (~3.7 miles away)  
760 Macadamia Drive, Carlsbad, CA 92011  
(760) 438-2828

**Hilton Garden Inn** (~5 miles away)  
6450 Carlsbad Blvd., Carlsbad, CA 92011  
(760) 476-0800

**Motel 6** (~7 miles away)  
6117 Paseo Del Norte, Carlsbad, CA 92008

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**Attire**

Military: Class B or battle dress uniform (all services)  
Presenters: Class A uniform if desired  
Civilians: Business casual or casual

**Continuing Education Addendum**

This conference provides continuing education hours for most licensed mental health professionals (i.e., psychologists, LCSWs, MFTs) and licensed healthcare professionals (e.g., nurses, rehabilitation counselors) in California and other states. Please visit our CE page to determine if your state board recognizes our status as an approved continuing education provider by the various national professional organizations and state licensing boards.

ATTORNEYS: Psycho-Legal Associates, Inc. has been approved by **The State Bar of California** as a provider of Minimum Continuing Legal Education (Provider #: 4521). Each day of this six-hour live conference will qualify for MCLE credit in the amount of 5.5 hours of participatory credit. According to the Spring 2009 issue of MCLE Provider Press, An MCLE education program must be directly relevant to active members of the State Bar. The content of the program must enhance the member's professional ability to practice law and be directly relevant to the member's current knowledge of the law, including the obligations and professional standards as a member of the State Bar of California. While you will ultimately determine if the content of this conference is directly relevant to your area of practice, this conference will be most-relevant to attorneys practicing in the area of medical malpractice and military law.

**Recommended Reading**

Here are some books by past speakers at our conference.

  <p>Once a Warrior, Always a...</p> <p>\$13.42 </p> <p>Shop now</p>	  <p>Help for the Helper: The...</p> <p>\$28.78 </p> <p>Shop now</p>	  <p>Toxic Psychiatry:...</p> <p>\$15.34 </p> <p>Shop now</p>	  <p>Down Range: To Iraq and Back</p> <p>\$14.97 </p> <p>Shop now</p>	  <p>Once a Warrior: Wired For Life</p> <p>\$13.42 </p> <p>Shop now</p>
  <p>Group Crisis Support; Why...</p> <p>\$16.96</p> <p>Shop now</p>	  <p>Sports Concussions...</p> <p>Shop now</p>	  <p>Your Drug May Be Your...</p> <p>\$13.02 </p> <p>Shop now</p>	  <p>Medication Madness: The...</p> <p>\$16.48 </p> <p>Shop now</p>	  <p>Psychiatric Drug Withdrawal: A...</p> <p>\$51.83 </p> <p>Shop now</p>